



Ms. Demas Food for Life Class Syllabus 2020-21

Contact Ms. Demas:

Bloomz is the best way to reach me! You can also email ademas@hha47.org

Office Hours: By appointment

Goal: Students will develop the knowledge and skills necessary to make healthy food choices for lifelong health.

Course Overview:

Quarter 1: Nutrition and Health

Quarter 2: Nutritious Foods

Quarter 3: Nutritious Beverages

Quarter 4: Appreciating Multicultural Cuisine

Diversity Statement: I believe in equity, justice, and inclusion for all. In Food for Life class we celebrate diversity as a strength and resource for creativity.

Online Learning Norms and Expectations (subject to change):

Online learning will take place on Zoom and Google Classroom.

Be prepared...

- Grades PreK-4 - I will join your homeroom teacher's Zoom link (you don't need a separate link).
- Grades 5-8 - use a separate Zoom link posted on your Food for Life Google Classroom.
- Grades 5-8 - log on to Zoom a few minutes early to make sure you're connected.
- Set up a work space that's quiet and has good lighting.
- Charge your device or plug it in.
- Dress appropriately (no pajamas, no clothing with inappropriate words or pictures).

During class...

- Enter class with your camera on and follow teacher directions for camera use. Reach out to me if you're having trouble meeting expectations.
- Use school appropriate behavior and language at all times.
- Be an active participant - stay focused and attentive; use Chat, Reactions, and Raise Hand features on Zoom as directed by the teacher.
- Read directions carefully and turn assignments in on time.
- Conduct yourself with honor and integrity. Be kind. Plagiarism is unacceptable. Any work submitted that is not your own will result in a zero.

Online Learning Misbehavior Consequences:

1. Warning
2. Teacher may disable video/mic and chat with you privately
3. Parent contact/Loss of participation credit

Grading Policy:

PK-2: 100% Participation

3-8: 50% Participation/50% Assessment