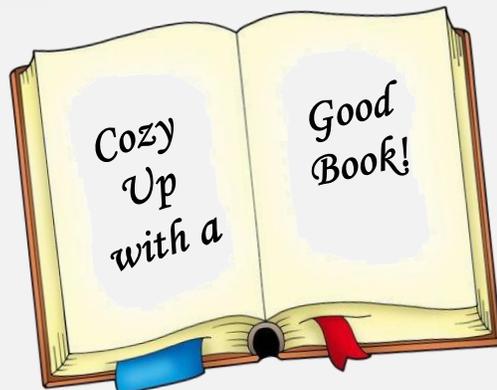




HAMPSTEAD HILL ACADEMY

January, 2023

# NEWS FROM THE HILL



## FAMILY ACADEMIC NIGHT

DECEMBER 1, 2022

STORY ON PAGE 4

# Welcome to Hampstead Hill Academy!

## A Note from Principal Hornbeck

*“Opportunity is not a lengthy visitor.” — Stephen Sondheim*

*As 2023 begins, I hope you make each day count. Get motivated. Decide what you want out of life, and go and get it. That is certainly my New Year’s resolution. I want to thank you for sending your child to HHA and for helping make our school great. School is about learning, dreaming and getting ready for the next grade, high school, college and eventually a good job. It is also about motivating each other to do our very best. The best teachers and students work and learn at HHA, and we are grateful to have your family be a part of our family. I hope that the New Year brings you and yours peace, love and joy. Happy 2023!*



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Hampstead Hill Academy is operated by the Baltimore Curriculum Project, a local nonprofit organization celebrating more than a decade of service and student learning in Baltimore.

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HHA News from the Hill Magazine is published monthly for the families and community of Hampstead Hill Academy

Editor	Publisher
Geraldine Swann	Matt Hornbeck
Director of Community Outreach	Principal

Magazine contributors: HHA staff, Club coordinators and Community Organizations

## VISION STATEMENT

Hampstead Hill seeks to be a safe, nurturing, diverse, family-friendly neighborhood school with rigorous, effective academic programs and exciting, engaging extracurricular activities. We believe all parents want the same thing for their children: more and better opportunities for college and career. We believe in the importance of the arts, and we want our students to be great communicators, listeners and writers. Our students will be forward thinkers, persistent, responsible, caring, dependable and healthy members of the greater community.

## MISSION STATEMENT

Hampstead Hill Academy is a neighborhood public charter school that exists to educate children living in both our attendance area and throughout Baltimore City. Our talented staff uses research-based curriculum to develop and implement rigorous lesson plans that continuously raise the academic bar for our students. Our whole school community is dedicated to working together to challenge our students to succeed in a fair, consistent, just and joyful learning environment.

# IMPORTANT DATES THIS MONTH

- 1/3, PTO Meeting 7 pm
- 1/7, Parent Mandatory Play Meeting 1 pm
- 1/9, 10, Mobile Dentist at HHA
- 1/10, Strong Schools Meeting 3 pm
- 1/11, Padres Unidos/Parents United Meeting 8:15 am
- 1/11, Early Release Day 12:35 pm
- 1/16, School Closed, Martin Luther King, Jr. Day
- 1/18, School Family and Community Council Meeting 3 pm
- 1/20, PTO Happy Hour 6 pm
- 1/23, School Closed, Staff Professional Development
- 1/27, LGP Recognition Ceremony 8:15 am

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## PLEASE CHECK

[HTTPS://HHA47.ORG/PARENT-STUDENT-CALENDAR/](https://hha47.org/parent-student-calendar/)  
FOR THE PARENT AND STUDENT ACTIVITIES CALENDARS

## DOCUMENTATION NEEDED FOR YOUR STUDENT

**It is important that you complete a student packet for each one of your children.** Inside, the packet you will find the following:

- Student Information Form – 2022 – 2023 School Year
- 2022 – 2023 School Year Parent/Guardian Consent Form and COVID Awareness Agreement
- Federal Impact Aid Annual Parent - Student Survey
- Parent Contract Agreement Signature Form
- Student Contracts for the 2022 – 2023 School Year



Please review all of this information carefully. When you have completed all forms, please return to your child's homeroom teacher or the main office. Keep the student contracts at home for future reference.

***Thank you if you have already completed the forms!***

**STUDENT PACKETS CAN BE PICKED UP IN THE MAIN OFFICE!**

# TOP NEWS STORIES

## HHA IS A TOP PERFORMING SCHOOL

While the 2022 state test results won't be released until later this month, HHA has been the top performing elementary school and top performing middle school in the City since 2019. We are a diverse, neighborhood school not a magnet school! Our elementary school is rated better than 73% of schools in the whole state and our middle school is rated better than 93% of the schools in the state. Congratulations to staff and students for their hard work! Stay tuned for the February news magazine to share updated performance data. Go HHA!

## BUDGET TALKS

During the month of January and February, a series of budget talks will take place at HHA. It is important that as many parents as possible attend these meetings to give their input and to learn about the budget for the next school year. The meetings are as follows:

Priority Engagement Session - This will take place at the SFC meeting on Wednesday, January 18, 2023 3 pm. At this meeting, Mr. Hornbeck will:

- Share information about the school vision
- Offer an opportunity for general questions about the priorities and initiatives at the school.
- Allow open and respectful sharing of views about what the priorities of the school should be and what specific measures can best further the vision of the school.
- Provide the school community with an opportunity to give input and feedback on school priorities for the upcoming school year.
- Listen to feedback on priorities from their school community to be included or considered in the development of the school's budget.



Community Budget Forum - This meeting will take place at the SFC meeting on Wednesday, February 15, 2023 - 3pm

Community Budget Review – This meeting will take place Wednesday, March 1, 2023 - 3 pm - This will be a town hall meeting via Zoom. Staff and parents can attend. Zoom link will be sent out before the meeting.

**PARENTS ARE INVITED TO JOIN US FOR THE SCHOOL FAMILY AND COMMUNITY COUNCIL MEETING  
WEDNESDAY, JANUARY 18<sup>TH</sup> AT 3 PM IN THE SCHOOL LIBRARY**

## NEWS FROM THE HHA CHARTER OPERATOR BALTIMORE CURRICULUM PROJECT

### *A Salute to a Remarkable Career*

BCP would like to offer our heartfelt thanks to Mr. Jon McGill as he transitions from his 13 years long service as BCP's Director of Academic Engagement into semi-retirement. We are happy to say he will work part time with BCP on recruitment and other special projects, but will now have the time to devote to interests outside of education - something his relentless work ethic and 7 day/work week practice didn't allow. Jon's 50+ years in education started in England's public schools and took him to leadership positions in private schools in Delaware, Philadelphia, New York City and Baltimore. He returned to public schools with BCP in 2010 and has left an indelible imprint on our schools. Those of you who work with Jon know of his commitment to our school communities and the tireless support he offered. We look forward to having just as much fun with Jon in half the time and wish him only the best for his future endeavors. Thank you, Jon McGill!



*Thank you, Mr. McGill, for your years  
of service to BCP and HHA*



# FAMILY ACADEMIC NIGHT - COZY UP WITH A GOOD BOOK!

On Thursday, December 1<sup>st</sup>, HHA hosted the first Family Academic Night of the school year. The theme of the night was *Cozy Up with a Good Book*. Students and staff dressed in their comfiest pajamas and celebrated a love of reading and storytelling. Students engaged in different stations where they heard read-aloud stories, changed the ending to many classic tales, played Mad Libs, and picked out a gently used book to take home. At the end of the night, the writing contest winners were announced. Congratulations to Quinn Shiffer, Louise Creech and Ascia Ghanbar for their original short stories. A fun and cozy time was had by all!



*Thank you to all of our staff members who made this event possible!*

## HELPING FEED THE POOR

On Saturday, December 17<sup>th</sup>, Ms. Anna Jones from HHA put together an event to feed the less fortunate. Ms. Jones cooked all of the main dishes, and people from the HHA community donated desserts and drinks. Middle school students and some parents volunteered helping to serve food. It was a joyous occasion with Christmas music, laughter and cheer. Ms. Jones would like to thank Ms. Riorda, Ms. Kamara, Ms. Anderson, Ms. Richardson, Ms. Mittenthal, Mr. Plunk, Ms. Lightkep, The Brezenoff family, the Joslin family, the Truesdale family, the Roycroft family, Casey Parker, and Mr. Hornbeck for supporting this event.



*Ms. Jones pictured to the left along with photos from the event*

## HHA IS NOW ACCEPTING PROSPECTIVE STUDENT INFORMATION FORMS FOR THE 2023-2024 SCHOOL YEAR

Spread the word to family and friends that information is now being accepted for prospective students for the 2023-2024 school year. You can submit your form for:

- PreKindergarten
- The HHA Lottery
- A child who is in-zone and plans to attend HHA for the 22-23 school year



A public lottery will be held on Thursday, March 2, 2023 at 3 pm via Zoom. A Kindergarten – Grade 8 Prospective Student Lottery/Interest Form 2023-2024 form must be submitted by Wednesday, February 15, 2023 at 3 pm to be eligible for the HHA lottery. Watch the lottery live at the link below:

Join Zoom Meeting <https://us02web.zoom.us/j/7668667281?pwd=TK0xSXR5SU9FSUs3bmxlcjNlMkF0Zz09MeetingID:7668667281>  
Passcode: 453812 Visit this link <https://hha47.org/admissions/> for detailed information.

## GET YOUR FAMILY BACK IN THE GROOVE!

After a busy and hopefully relaxing holiday season, we return to the comfort of routine. Please make certain that your child gets back on a good sleep schedule and arrives at school by 8 am each day ready to learn. As a reminder, 2<sup>nd</sup> quarter grades close Monday, January 23<sup>rd</sup>. Parents should ask their children and their teachers if there are any missing or incomplete assignments that need to be made up before the quarter closes. You can contact a staff member at the school phone number or by email. HHA email addresses are online at <https://hha47.org/staff-contact-roster/>.

## THE DENTIST IS COMING TO HHA!

Smile Maryland dentist will be at HHA on January 9<sup>th</sup> and 10<sup>th</sup>. Forms have been sent home for parents to complete and return to school if you want your child to be seen by the dentist. You also have the option to complete this form on line at [www.myschooldentist.com](http://www.myschooldentist.com). Please sign up as soon as possible.

## MARTIN LUTHER KING JR. DAY OF SERVICE

Schools are closed Monday, January 16<sup>th</sup> in recognition of the life and service of Dr. Martin Luther King, Jr. Remember, Dr. King's day is a "day on, not a day off." There are volunteer and service opportunities throughout the Baltimore metro area. This is a great day for HHA middle school students to meet their LGP service-learning requirements for 2<sup>nd</sup> quarter and add to the hours they will need to graduate from high school.

Nearby MLK Day of Service opportunity: <https://civicworks.com/programs/mlk-day-service/>

## NEED-BASED FFG SCHOLARSHIPS AVAILABLE

HHA students will receive a limited number of income-eligible after care scholarships to attend Fitness, Fun, and Games. Scholarships are for students not currently enrolled in FFG. Students in the aftercare program receive academic programming, homework time, outdoor active play time, a snack and dinner. The program begins at 2:40 pm and concludes at 6:30 pm. Parents pick up at school. If you are interested in a need-based scholarship, please contact Ms. Swann or Ms. Mittenenthal for an application.

## COPPERMINE SCHOLARSHIPS AVAILABLE

A limited number of income-eligible scholarships to attend the Coppermine afterschool camp at DuBurns Arena are available. Staff from this premium sports camp pick up students at 2:40 pm at school. However, there is no return trip. Parents must pick up at DuBurns Arena. Special thanks to Mark Larkin of Coppermine for making these scholarships available. Please contact Ms. Swann or Ms. Mittenenthal for more information.

## NO PETS PLEASE

A reminder that pets are strictly prohibited on school property. If you or a neighbor walks by with a pet on the way to or from the park, that is fine as long as you are moving. You may not bring your pet to drop off or pick up. This includes the sidewalk surrounding the school. Some students are scared or allergic to some pets, which is why the rule is in place.

## STAFF HOLIDAY DINNER

A great time was had by all at The Capital Grille on Pratt Street during HHA's annual Staff Holiday Dinner. Special thanks to Ms. Swann for her work planning the event. Please keep the Capital Grille in mind for your celebrations this year. The food and service are amazing!

Join us to kick off the  
B3 season at the  
PTO Happy Hour at  
Homeslyce on Friday,  
January 20<sup>th</sup>  
99 days before B3!



There will be a live auction for  
the first B3 Items -  
front row seats to  
HHA's production of  
*High School Musical!*  
The fun begins at 6 pm.

## DON'T BE DANGEROUS!

Our students are in danger when any car double parks or stops to let children out in the middle of the road, especially on the other side of the road in front of the school. Stopping in the middle of the road impedes traffic and results in cars swerving around the parked car, which causes an incredibly dangerous situation and puts our children at risk. There have been several close calls reported online and to HHA. Not only is double parking illegal and subject to an immediate \$252 fine but the pain and suffering that an injured child, their family, and the person who did not see the child dart out into traffic would be traumatizing for all parties. Just don't do it! Please park your car and walk to drop off and pick up.

# How HHA Communicates with Families

HHA uses the following ways to communicate with families:

- Post a monthly news magazine. This is a comprehensive document with information from Mr. Hornbeck, staff, club coordinators, community partners, etc. The magazine is posted monthly at [www.hha47.org](http://www.hha47.org)
- Send out parent emails – please sign up to receive emails at [www.hha47.org](http://www.hha47.org)
- Post information on the HHA Facebook page at <https://www.facebook.com/HampsteadHillAcademy/>
- Check out the HHA website at [www.hha47.org](http://www.hha47.org)
- Parent and Student Calendars at <https://hha47.org/calendar-of-student-parent-events/> - You can set to view in week, month or agenda.
- Class DoJo – for parent/teacher communication. Check with your child's teacher for information on how to join.
- Staff emails – List of staff email addresses is located at <https://hha47.org/staff-contact-roster/>
- Parentlink phone calls
- Not sure where to find what, email Ms. Swann at [gswann@hha47.org](mailto:gswann@hha47.org) or Ms. Mittenthal at [cmittenthal@hha47.org](mailto:cmittenthal@hha47.org)

**Join Our Email List**

Sign up to receive HHA emails at [www.hha47.org](http://www.hha47.org). Look for the icon on the front page of the website at the bottom.

## NEWS FROM THE TEAMS

### PREK

**Ms. Klenk and Ms. Kaminaris:** Welcome back from winter break, and thank you to all parents who attended or donated food items for the PreK winter holiday celebration. Everyone had a great time reading the *Gingerbread Man* and decorating gingerbread houses with families. Just a reminder as we get back into our routines this month, to please be in school every day on time. Students are marked late after 8:10 am. If your child is sick, please call the front office to let them know so their absence can be marked as excused.

In January, students will learn about animals, with a focus on winter animals and habitats such as the arctic and the tundra. Students will also begin the math unit on numbers 6 - 10. By the end of the unit, students should be able to recognize numbers 6 - 10, count sets of 6 - 10 items, compare sets of different quantities and count in different configurations (circle, straight line, array).

As a reminder, please make sure your child has a LABELED coat to wear to school. Throughout the winter months, students will continue to go outside twice a day, weather permitting. Students are not kept inside because it is cold (unless it is extreme cold). Please make sure that your students are bringing winter gear that will keep them warm and comfortable outside twice a day for about 20 minutes.



**PreK students decorate gingerbread houses with family members**



*Kindergarten students celebrate the holidays with a variety of activities*

## KINDERGARTEN

**Ms. Maciel, Ms. Wallis and Ms. Villa:** Students have learned to compare numbers, find the total number of items, and write their own addition equations. In reading, they are working on identifying letter sounds and using them to make words. A big theme this month has been holiday traditions. Students learned all about Hanukkah, Kwanza and Christmas. They sang holiday songs during the international breakfast on December 15<sup>th</sup>. The songs were a mix of bilingual Christmas songs, winter songs and Hanukkah songs. They also celebrated the upcoming winter holiday and made ugly sweaters, pinned the heart on the Grinch and had delicious edible treats.

## GRADE 1

**Ms. Bierley, Ms. Clary and Ms. Munoz:** Students have been doing various writing projects and are making huge gains in their writing skills. They have also continued to learn about the solar system and have completed portfolio projects reflecting that knowledge. They are now looking forward to the field trip to Port Discovery on January 25<sup>th</sup>. Permission slips will be sent home shortly. Please remember that the children go outside each day for recess. Make sure your child comes to school dressed warm and is able to fasten their own coats and tie their own shoes. Even when the temperatures are low, exercise and fresh air are important. Finally, the 1<sup>st</sup> grade team would like to send a big thank you to the PTO for granting so many wishes! The students are enjoying the items received.

## GRADE 2

**Ms. Bonner, Ms. Douglas and Ms. Zoll:** The 2<sup>nd</sup> grade team hopes everyone had a healthy and restful winter break and an easy transition into the new year! Teachers are planning the next field trip to Port Discovery. Permission slips will be sent out soon. A reminder that your student should bring a healthy snack each day due to their late lunch period. Also, be sure to dress your student for the cold weather. Please continue checking your student's folders every night as well as Class Dojo for the most current information in school and in each classroom. Happy 2023!

## GRADE 3

**Reading – Ms. Knudsen:** Students worked on the following skills: finding and writing the main idea of informational texts, summarizing literary texts, notetaking and sequencing. They also read a series of stories that described how to make an invention and the domestication of animals. In Second Step this month, students learned and practiced ways to calm down at school. Ways that students brainstormed were find a quiet space, deep breathing and drawing a picture.



*3<sup>rd</sup> grade students had fun during Spirit Week dressing as twins, triplets and teams!*

**Language/Science/Social Studies - Ms. Satterlee:** Students are writing increasingly complex paragraphs that include dialogue and irregular plurals. In social studies, they have finished their unit on economics with a portfolio project where they designed a food truck and wrote a business plan. When students return from break, they will complete their last social studies unit on civics. After social studies, students will switch to science.

**Math - Mr. Bradbury:** Students completed Unit 4 and will start the next unit focused on fractions. This is often a challenging unit for students. A strong foundational understanding of fractions is vital to student success throughout elementary and middle school. Look for real-life opportunities to discuss fractions at home with your children. These impromptu conversations can be very helpful to solidify this concept. Students also completed their homework workbooks, and will receive a new workbook in January.

## GRADE 4

**Reading – Ms. Protopapas/Ms. Conrad:** Students are working hard every day and accomplishing so much. They are currently learning how to summarize a story. They are also learning about informational text, compare and contrast, and how to write a descriptive paragraph. Ms. Protopapas would like to take this opportunity let you know that she had a great time teaching your children. She hopes that her students will take everything they have learned and build on it as they continue through the rest of the year. She wishes everyone a Happy New Year!

**Language/Social Studies - Ms. Richardson:** Students are still writing clear sentences, and are able to identify subjects and predicates. They have now started to identify verb tenses past, present and future. In social studies, students are learning about the different colonial regions that were started in North America by the British. They can now identify the 13 colonies. They also are learning about the first African and Portuguese people that were brought to North America.



**Ms. Protopapas pictured with one of her classes**



**4<sup>th</sup> grade students engaged and learning during math time**

**Math – Ms. Ruiz:** Students continued to work through more complex fraction problems. They have worked on adding and subtracting unlike fractions and mixed numbers, simplifying fractions, multiplying fractions and finding a fraction of a whole number. Toward the end of December, they also completed several review activities to brush up on units they have already completed. You can continue to support your child at home through the use of IXL. You can also encourage them to attend coach class on Mondays after school.

## GRADE 5

**Reading – Ms. Pellegrini:** The Robins and Owls will continue their novel study of *Walk Two Moons*. Students will work on informational writing and literary analysis. At the conclusion of the novel, they will write a five-paragraph literary analysis essay. The Pandas are currently reading the novel *Sara Crewe*. They will continue to work on reading fluency, comprehension, vocabulary

and figurative language. The Pandas will use this novel to work on their next portfolio project, a four-paragraph literary essay.

**Science – Ms. Ruppenthal:** Students will continue in *Unit 2: The Earth and Sun* and will learn about the movement of shadows as it relates to the time of day, night/day, the brightness of the sun, the relative size of the Sun, and etc. The remainder of the unit includes the study of the Earth's atmosphere, heat transfer and the water cycle.

**Math – Ms. O'Connor:** Students are learning about fractions, and have learned how to create equivalent fractions using various strategies such as drawing models and finding them numerically. They have done a great job with this challenging topic. They have also started to work on adding and subtracting unlike fractions. Next, they will learn how to add and subtract mixed numbers. Recently, they explored the Egyptian number system and created their own hieroglyphics.

## GRADE 6

**Humanities – Mr. Farber:** Students are currently working on their National History Day projects, which are due on January 20<sup>th</sup>. They are beginning to wrap up their research and annotated bibliographies and will soon start to create their websites or exhibits. Students have put a "pause" on the books they have been reading for homework, *Walk Two Moons* (for the Blue Jays) and *Romeo and Juliet* (for the Broncos and Hawks), but will continue to read those after NHD has finished.

**Math – Ms. Bentil:** Happy New Year! This month, students will learn about percents and convert between fractions, decimals and percents. They will also begin the 4<sup>th</sup> unit of the year - *Expressions and Equations*. In this unit, students will understand that letters are "stand-ins" for numbers and that the math problem is carried out exactly as it is with numbers. They will also read, write and evaluate expressions in order to develop and evaluate formulas. Ms. Bentil looks forward to an amazing 2023 with her students.

**Science – Ms. Poole:** Student biologists will continue to investigate the question, "Where have all the creatures gone?" Students have identified various species whose populations have decreased and have investigated the potential causes of the change in population. Dall sheep, red legged frogs, trees, puffin and trout are just a few organisms they have been researching in order to try to determine the cause of their population decline. Can you think of any reasons the populations of many species have decreased within the last 30 years? Discuss your thoughts and ideas with your children. Ms. Poole hopes that everyone enjoyed their winter break and are refreshed and ready to begin 2023!

## GRADE 7

**Language Arts – Ms. Locke-Jones:** Students are in the midst of NHD season. They are using NoodleTools to find primary and secondary sources to build their annotated bibliography. Everyone looks forward to the school-wide competition on January 20<sup>th</sup>.

**Science – Mr. Lohrman:** Students have just completed the first unit in the IQWST curriculum. They have completed the life science unit on different parts of the body and wrote a CER (Claim Evidence Reasoning) essay answering the question, *Am I a system?* The next unit will be the chemistry unit called *How can I make new stuff from old stuff?* In this unit, students will complete a variety of hands-on labs where they will see chemical reactions, as well as identifying characteristic properties that identify substances, such as density, hardness, etc.

**Math – Mr. White:** Students will work on *Unit 2B Equations and Inequalities*. They will solve expanding equations, combine like term equations and variables on both sides of an equation. Students will also learn how to solve 1 and 2 step inequalities and graph the solution on a number line.

## GRADE 8

**Language Arts – Ms. Kosmer:** Students have finished their research for National History Day and are now working on creating their presentation. They can create an exhibit, documentary or a website. They will work on their presentation from January 3 - 18. Class presentations will begin on January 18<sup>th</sup>, and the showcase will take place on Friday, January 20, 2023. They will share their project with 2 - 3 judges and then complete a reflection form. Everyone is excited to see this project come together and look forward to sharing all the projects with the school and judges.

**Pre-Algebra/Algebra 1 – Mr. Pratta:** Students will begin a unit on general functions. In this unit, they will develop their capacity to represent, interpret and use functions to make sense of quantities in situations and to solve problems. They will be introduced to new tools for communicating about functions including function notation, domain and range, average rates of change, and mathematical terms for describing key features of graphs.

**History – Mr. Ball:** Students have been examining and analyzing the creation of the United States. They have looked into the formation of the Constitution and analyzed how the Constitution created a system with separation of powers and checks and balances. Next, they studied the Bill of Rights and determined which rights are protected and why they are important in the daily lives of people living in the United States. After studying the creation of the United States, they looked at the political developments in the early republic. They took the perspective of either the Federalists or Democratic-Republicans and debated the key issues facing the emerging nation.

**Upcoming  
Events:**

Tuesday, January 3<sup>rd</sup> PTO Meeting 7 pm

Wednesday, January 11<sup>th</sup> Padros Unidos/Parents United 8:15 am

Wednesday, January 11<sup>th</sup> Early Release Day - Students are dismissed at 12:35 pm

Wednesday, January 18<sup>th</sup> School Family and Community Council Meeting 3pm

# LEADERS GO PLACES

Leaders Go Places motivates students to reach rigorous academic goals. During the 1<sup>st</sup> quarter students combined average GPA was 3.54. What makes LGP truly special is the motivation it provides students to be citizens beyond the classroom. It is important to get good grades; it is equally important to give back to your community. One place this is done at the Community Circle.

Each Friday, middle school students meet in the gym to review the LGP schedule and listen to announcements. They reflect on the five promises and what they mean. Students then stand to share apologies and acknowledgements. It is very powerful to hear a middle school student stand in front of their peers and apologize to a classmate or teacher, or thank a friend or staff member for their help. Friday circles strengthen the community every week.

A few weeks ago, students were honored to have a guest speaker. Allison Wilt with the Cool Kids Foundation came to share the impact our students make when they write cards for kids their age undergoing in-patient medical treatment at nearby hospitals. For years, our students have designed and written beautiful cards, and now through this expanded partnership even more service project opportunities are taking place; including creating holiday ornaments for hospital decorations, “happy mats” that sit on cafeteria trays to entertain Cool Kids during their meals and no-sew fleece blankets. Even through there are ups and downs of becoming a young adult during middle school, teachers acknowledge how impressive each and every one of our students are as they work to embody the Five Promises and “contribute to the common good” of the greater community. Middle school is an interesting and unique time, and our kids are making the best of it.



## LEADERS GO PLACES

- I will contribute to the common good.
- I will persevere.
- I will produce quality work.
- I will conduct myself with honor and integrity.
- I will advocate for myself and others.



*Students listen attentively as guest speaker Allison Wilt with the Cool Kids Foundation presents at the Friday morning Community Circle*

## ENRICHMENT

### DRAMA

**Ms. Pittman:** There are exciting activities happening in drama with Ms. Pittman in 2023. Students will begin monologue composition and performance. The primary grades will learn more about the history of theatre and will create Greek comedy or tragedy masks using paper mache.

### TECHNOLOGY

**Ms. Sparwasser:** Grade PreK -2 students are practicing coding with codeSpark and Kodable, as well as creating digitally with Book Creator. Grade 3 - 8 students are finishing units on Google Docs and will begin to work on Google Slides.

### MUSIC

**Ms. Drale:** Students will kick off the new year with a celebration of the instrument families. They will examine the different genres of music and which instruments best showcase the styles.

## INSTRUMENTAL MUSIC

**Ms. Alexander:** Ms. Alexander has enjoyed working with HHA's student musicians in 2022, and is excited to see what 2023 will bring! Congratulations to all of our student musicians for their wonderful performances at the December Community Arts Night. During the month of January, instrumental music students will continue to learn and apply both technical and musically expressive skills to their instruments, as well as gear up for the first round of the Orchestra/Band Karate Challenge. Happy New Year!



*HHA Instrumental Music Students*

## LIBRARY

**Ms. Kannam:** Everyone is excited to start the new year in the HHA library. A few reminders as more and more books get checked out:

- students can keep books for approximately 2 weeks and then return so other readers can enjoy them.
- reminders of overdue books are sent via dojo messages and/or a paper coming home. Please help your student look for the missing book and reach out to Ms. Kannam if you have any questions or have lost the book - it happens.
- help your student remember to come to the HHA library often. They just need to ask their teacher any time during the day if it's a good time to visit.

Students need encouragement and support to become the best readers they can be. Enjoying literature of their choice is the best way to support that!

## ART

**Ms. Butcher:** Students continue to explore new types of artistic expression in class.

## PHYSICAL EDUCATION

**Mr. Edwards:** PreK and kindergarten students will work on spatial awareness and locomotor movements, and grade 1 – 4 students are performing conditioning workouts and cooperative gameplay. Middle school athletes will perform HIIT training warm-ups and refine offensive and defensive strategies playing basketball.



*Students always enjoy reading in the HHA library*

## UNIFORM REMINDER

The HHA student uniform consists of a collared navy-blue shirt or the free HHA student school shirt with tan or khaki pants, shorts or skirts. Shorts and skirts may not be shorter than fingertip length. Jeans are not permitted. If your child needs an extra layer in the classroom, we suggest a navy blue or tan sweater or crew (not hooded) navy blue sweatshirt. Outdoor jackets and hooded sweatshirts are not acceptable to be worn during the day in the classroom.

## NATURE EXPLORATION

**Ms. Riorda:** Ms. Johnson and Ms. Riorda are continuing with the FFLature class, (a combination of Nature and Food for Life). Students have enjoyed learning about plant adaptations and have investigated the many different methods of seed dispersal. Elementary students have really enjoyed tasting so many fruits that they thought were vegetables, and middle school students have been creating models of how water moves through the hydrosphere, models of rain, and are thinking about the causes and effects of water pollution. Please make sure to dress your child for the weather as classes will continue to go outside this winter.



*In FFLature, students made edible crab and reindeers, created models of rain and cleaned out trash from the Patterson Park Lake*

## SPECIAL EDUCATION

**Ms. Shaffer:** January 4<sup>th</sup> is World Braille Day! World Braille Day celebrates the birth of Louis Braille, inventor of the reading and writing system used by millions of blind and partially sighted people all over the globe. Though not a public holiday in any country, World Braille Day provides an opportunity for teachers, charities and non-government organizations to raise awareness about issues facing the blind and the importance of continuing to produce works in Braille, providing the blind with access to the same reading and learning opportunities as the sighted.

# ESOL DEPARTMENT NEWS

**Ms. Hicks, Mr. LaBarr, Ms. Brezenoff, Ms. Ziemba and Ms. Hyatt:** In PreK, students are learning about the five senses by completing activities and playing games. They tried tasty foods, smelled funny things, touched different textures and saw and heard what's around them. All this helps to develop their senses. In kindergarten, students are practicing blending sounds. They love to use the alphabet bins to practice words that start with all those different sounds.

Grade 1 students have finished learning about the seasons. They talked about each season and how the weather feels, and what you can do in each season. Grade 2 students have finished learning about city life and read a story about a real city in New York called Chinatown. Students will begin WIDA testing in January.

Grade 3 and 4 students are learning about fiction and nonfiction. They are currently exploring the genre of biography by reading about the life of the author of a fictional work they have recently studied. This added dimension offers the dual benefit of broadening students' experience with a variety of texts and deepening their learning.

Grade 5 and 6 students will visit Central Park through a photo-essay written by Ann Morris and photographed by John Paul Endress. Students will investigate who visits the park and find the various reasons they go to the park. Central Park provides a unique experience with its busy, monumental surroundings.

Grade 7 and 8 newcomer students have been learning new action verbs and using new vocabulary to ask and answer questions about our skills and abilities. This month, they will begin a unit on jobs and workplaces and create charts to identify job tools and job locations.



**Kindergarten students practice blending sounds**

## GIFTED AND ADVANCED LEARNING PROGRAM

**Ms. Guitian:** Happy New Year! Stories + Math = *So Much Fun* in December! The grade 1 Monday group learned a Slavic folktale about how on a bitter cold January night in a snowy woods, a little girl met all twelve months of the year gathered around a fire together. In order to build knowledge of geometry and spatial reasoning, students used shapes to create seasonal designs for each of the month brother's cloaks— check out the photo of their display!

After reading a Nigerian folktale that explains why the sky is so far away, grade 2 students learned how greedy humans drove it to its current unreachable location. They also took notice of how different cultural groups have historically used symmetry and geometric shapes to create unique visual designs. Following a discussion of the mathematical concepts, students began to work on their own designs for a class shape gallery.

Grade 3 students are examining the relationship between remarkable rectangles, area and multiplication. They also learned how to leverage their knowledge of square numbers to do more complex mental math calculations. They see the benefit of quick thinking first hand as they follow the travails of an unlikely heroine Aru Shah as she ventures into the world of Hindu Mythology to prevent the world from ending.

Grade 4 students have written their own novels. Please congratulate them on this amazing feat. All together the group has written twenty-five individual stories totaling **33,576 words!** Be sure to keep an eye on the bestseller list for future titles including, *Annie and the Sorcerer*, *Tar Man* and *The Unsure Superhero*, to name but a few. If you have any questions, please reach out to Laura Guitian [lguitian@hha47.org](mailto:lguitian@hha47.org).



**DO NOT**

**Share**

**Food**



Thank You!

**Please remind your child not to share any part of their lunch with another student. There are students in the building with severe allergies to certain foods, in particular peanuts. If at all possible, please do not pack any lunch for your child with a peanut product. If you do send your child to school with a peanut product, please remind your child not to share the item with anyone else. A piece of candy can be very inviting to a child but can lead to a very traumatic episode.**

# CLUB/ACTIVITIES NEWS

**As a reminder, students will not be permitted to join two clubs that meet on the same day.**

## NOTIFICATION OF CLUB OPENINGS

Parents will be notified two ways regarding club openings. Some club coordinators will send an interest form home with the student to complete and return to school. Other coordinators will send out an interest form via e-mail and posting on the HHA Facebook page. Parents signed up to receive emails will receive these notifications. You can sign up to receive emails on the HHA website at [www.hha47.org](http://www.hha47.org).

**If more students sign up for a club than there are openings, a lottery will be held. Students selected will receive a permission slip. If your child does not receive a permission slip, your child was not selected in the lottery.**

## NATIONAL CHESS CHAMPIONSHIP

In December, the HHA Chess Team returned from the National Chess Championships held December 9-11 at National Harbor. It was an epic weekend for HHA chess players. This tournament had a record-breaking number of kids participating: 2,481 representing all states who competed for their next chess title. It was a very challenging US National Chess tournament. The players had to compete within their grade level regardless of their individual rating. So, a newcomer could be paired with a chess prodigy who is about to make a national master title. Players went without any expectations for victories, but to simply learn and grow, and experience the chess world outside of Baltimore. The team played hard and delivered 16.5 wins! Half points were earned for ties. Everybody showed admirable tenacity at going into each of their chess battles with courage and hope and coming out of the game with new perspective and determination regardless of the result. It was a great learning experience and a preparation for all challenges facing these kids in the future.

Penny, Maura, Charlotte, Fiona, Maria, Archer, Spencer, Valeri, Izzy, Daxton, Grayson, MJ, Etta, Marvin, Cameron and Bobby saw the world of chess they could never previously imagine, and their parents met other parents and now know that chess is not only a small club at a local school but a major national sport that makes our children smarter and prepares them for the challenges in their future. In addition to playing 7 matches over 3 days, the players participated in additional fun events with grand masters. Spencer faced Elshan Moradi Abadi, an American Iranian chess grandmaster and held on for 25 moves before finally admitting that the Grand Master title is given for a reason! The HHA girls spent time with women grandmasters Sabina Foisor and Jen Shahade who hosted a 3-day long girls' only club to encourage girls to continue learning and participating in chess. All players left the tournament with medals, huge smiles and priceless memories to last them a life-time! Special thanks to Principal Hornbeck, the HHA PTO and parent and Chess Parent Coordinator, Ms. Anya Cappolla, for making this happen.



## GIRLS ON THE RUN

On Sunday, December 4<sup>th</sup>, the ladies of Girls on the Run executed yet another amazing 5k at Druid Hill Park! The girls and their running buddies endured the bitter cold and pressed forward to accomplish a goal. Ms. Ruiz and Ms. Makel wanted to share with the school body how appreciative they are to these students, their parents/guardians and their running buddies for their sacrifice and dedication to the program.

They would also like to take this opportunity to send a very SPECIAL THANK YOU to Ms. Satterlee and Ms. Pittman for their support at the GOTR 5k at Druid Hill Park. Their willingness to sacrifice their Sunday (and it was a cold one) to come out and be the running buddy for a student shows their dedication to not only those students but the student body as a whole. Ms. Makel and Ms. Ruiz would like to extend a heartfelt thank you to them along with other staff who have donated, volunteered, or just supported the ladies of Girls on the Run this season. Their selflessness does not go unnoticed, and they will forever be grateful to them. - Coach Erin & Coach Ki (Key)



*HHA's Girls on the Run Team*

## EXCITING NEWS TO SHARE

Five-year old, kindergarten student Benjamin Hylkema has won a Kid Kindness Grant. He was the solo applicant, across 14 states and 2 countries. To spread kindness, Benjamin wrote that he would pick up trash in the park on his way to the playground. He has been picking up trash in the neighborhood, cleaning up leaves on the sidewalk around Hatton senior center, and with his friends and family, he served lunch at the Hatton Senior Center during Thanksgiving break. According to his mother, it takes a village to raise a child, and the guidance and support our school has provided is priceless. She is so proud to share this great news with everyone and wanted to show her appreciation to the staff at HHA.



## THE COMMUNITY BUILDERS OF HHA SERVICE CLUB FOR MIDDLE SCHOOL STUDENTS

The Community Builders of HHA were busy in the month of December. They planned and hosted a spirit week where they raised almost \$3,000 for the University of Maryland Hospital's Child Life Center. The money was used to shop for items from the Child's Life Center wish list. Club members were able to buy children's pants to wear under their hospital gowns, lights to decorate their rooms, dinosaur toys and so much more! Club members also hosted an Ugly Sweater Day to raise money for SL24 Unlock the Light Foundation. This organization raises awareness and promotes the prevention of suicide. The total for this fundraiser will be announced in January. In January, club members will meet to plan the next adventure which includes a partnership with the SGA. These two clubs will come together for the betterment of the school and school community. The club will meet on January 10<sup>th</sup> and 24<sup>th</sup>. Club members hope you had a restful and joyful holiday season!



*Benjamin is shown helping to serve lunch at the Senior Center and picking up trash from around the neighborhood.*

*Thank You Benjamin!*

## DUNGEONS & DRAGONS CLUB

Look for an interest form to be sent out to grade 5 – 8 students. The club will meet on Wednesdays starting February 8<sup>th</sup> from 2:50 – 4 pm. In Dungeons & Dragons, the players form an adventuring party that explore fantasy worlds together as they embark on epic quests and level up in experience. The Dungeon Master (also known as the DM) is the game's referee and storyteller. There's no winning or losing in D&D as the club focuses on creating stories. The collective creativity in the D&D game builds stories that you'll tell again and again—ranging from the stuff of legend to absurd incidents that will make you laugh.

## MAGIC THE GATHERING

Magic the Gathering, also known as MTG or just 'Magic,' is a strategy card game that started in 1993 and continues today with millions of players world-wide. The game has several formats, but the most common format is a head-to-head, two-player game, where a player must employ a constrained strategy to achieve success. Think of a game of chess, but instead of wooden figurines representing different abilities, Magic uses text and symbols on cards to represent different abilities. It is the text and symbols that teaches students fairly robust mathematics, logic, and computer science principles.

- This program is for students in grades 6, 7 and 8
- The club will meet on Thursdays from 2:45 – 4 pm
- Session 2 Dates are January 19 to March 30
- Session 3 Dates are April 13 to June 8
- Program Coordinator is Mr. Micah Webster, HHA parent
- Micah and Zane Webster would like to thank the following for their donations to support the club: Mr. Mike Porter, HHA parent; HHA PTO; Canton Games; MagiKids.



You can sign up for the club at these links English: <https://forms.gle/LLhfCiQxCMeoJTQQ6> Spanish: <https://forms.gle/hqZzJqkMwkmC99Zh8>

## WINTER LEGO SESSION

Join us for another session of LEGO building fun! This club is open to students in grades kindergarten - 3. Students who were placed on the waitlist in the fall will be given first priority. Dates are 1/30, 2/6, 2/13, 2/27, 3/6, 3/13. Use the links below to complete an electronic interest form. Please complete this form even if you already submitted one in the fall. There will be a few paper copies in the office. The interest form is due no later than January 13<sup>th</sup>. Permission forms will be sent out electronically the week of January 17<sup>th</sup>.



Contact Katie Vincent ([kvincent@hha47.org](mailto:kvincent@hha47.org)) if you have any questions.

English Interest Form: <https://forms.gle/WpFfx2pvfvrZiYRd9> Spanish Interest Form: <https://forms.gle/UEqKYtewR7shXsXn6>



*Culinary Arts Club members made gingerbread houses for the Community Arts Night with Ms. Veronica Piskor. They also made a variety of holiday cookies for Student Celebration Night.*



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**Please mark your child's name in all of their school items.  
If an item is placed in Lost and Found and a name is not on the item  
and is not claimed after one week, it will be donated to charity!**

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## SCIENCE OLYMPIAD

On Saturday, December 3<sup>rd</sup>, the HHA Science Olympiads competed in a Build It, Study It event at JHU Homewood Campus. Students had a chance to learn about many new subjects involving science. They identified diseases, different types of rocks and minerals, and then became engineers building bridges and making trebuchets work. The next science adventure will be to compete in an invitational tournament in February.



Thank you to everyone who purchased cookies from Girl Scout Troop 5394. Your support of the HHA Girl Scout is most appreciated!



## FAMILY INFORMATION

### THE COUNTDOWN CONTINUES

- 42% of the school year is completed
- 75 of our 180 student days are completed
- There are approximately 78 school days left until our 3-8 grade students take the MCAP Assessment in reading and math beginning in May, 2023.



## LEARN ABOUT MCAP



Spend some time learning about this state assessment for your child at the Maryland State Department of Education at <https://marylandpublicschools.org/about/Pages/DAAIT/index.aspx>

# KNOW THE NO'S

- No gum at school. It is distracting and prevents students from reading aloud clearly.
- No smoking in or around school property. This is against the law on school property.
- No double parking or idling at drop-off and pickup. Double parking creates a dangerous situation, and you could get a \$252 ticket for double parking.
- No crossing in the middle of the street. Cross your child at the corner. Do not encourage your child to get to school by crossing in the middle of the street! This can be extremely dangerous for your child.
- Please remind your child, especially older children, that ball playing is not allowed in front of the school or on the greentop during school arrival and dismissal times. Also, ask them to be mindful of smaller children to avoid accidentally bumping into them.

## STUDENT ATTENDANCE

HHA is serious about attendance. Our talented staff cannot teach unless students attend school. There is a district-wide focus on student attendance. Again this year, there will be mandatory hearings at school headquarters for the parents of students with poor attendance. Each month, the newsletter will include this chart so students and parents can review attendance averages.

Congratulations to the 2<sup>nd</sup> Grade Team for having the highest attendance average for December. This grade level will receive a PTO sponsored pizza party.

December Grade	Attendance%
<b>HHA average</b>	92.04%
<b>Grade 2</b>	94.84%
<b>Grade 3</b>	93.02%
<b>Grade 8</b>	92.93%
<b>Grade 1</b>	92.83%
<b>Kindergarten</b>	92.63%
<b>Grade 7</b>	91.94%
<b>Grade 6</b>	91.76%
<b>Grade 4</b>	91.29%
<b>PreK</b>	88.81%
<b>Grade 5</b>	88.65%

Year Grade	Attendance%
<b>HHA average</b>	93.62%
<b>Grade 2</b>	94.94%
<b>Grade 3</b>	94.45%
<b>Grade 8</b>	93.98%
<b>Grade 7</b>	93.83%
<b>Grade 6</b>	93.80%
<b>Grade 1</b>	93.59%
<b>Kindergarten</b>	93.10%
<b>Grade 5</b>	92.98%
<b>Grade 4</b>	92.91%
<b>PreK</b>	91.67%

## SOCIAL AND EMOTIONAL LEARNING AT HHA

By Steve Plunk, Director of Restorative Practices

In the December news magazine, an article regarding mindfulness practices at HHA was featured. One of those practices is a minute of mindful breathing at the conclusion of the daily morning announcements. This is led by 7<sup>th</sup> grade Restorative Practices Ambassador Harper C. (pictured to the right).

In December, an element of simple movement to the 2-count breath was added. A new movement was introduced each Monday, and to help model these in the elementary classrooms, our Restorative Practices Ambassadors doubled as *Breathing Ambassadors*. They were all individually assigned to work with one classroom for the month. These partnerships have been a great experience for the ambassadors, who earned service-learning credits for their time, as well as for the younger students. The elementary teachers hosting breathing partners reported more participation in the morning mindful breathing than ever before, and they all requested that the partnership continue in the new year. Below are our *Breathing Ambassadors* leading students through mindful movements and breathing.



Pictured below from left to right are Breathing Ambassadors leading mindful breathing with various lower grade students: Danielle M. (Grade 8) leads Ms. Bonner's 2<sup>nd</sup> grade homeroom; Catherine J. (Grade 7) leads Ms. Klenk's PreK students; Jason J. (Grade 8) leads Ms. Kaminaris' PreK students; Henry S. (Grade 7) leads Ms. Douglas' 2<sup>nd</sup> grade students; Zane W. (Grade 7) leads Ms. Zoll's 2<sup>nd</sup> grade class; Fiona P. (Grade 8) leads Ms. Villa's kindergarten class; Quinn M. (Grade 6) leads Ms. Wallis' kindergarten students; Sofia J. (Grade 7) leads Mr. Bradbury's 3<sup>rd</sup> grade class; Keily R. (Grade 8) leads Ms. Satterlee's 3<sup>rd</sup> grade class; Shawn A. (Grade 8) leads students in Ms. Munoz's class; Heaven H. (Grade 6) leads Ms. Maciel's kindergarten students; Parker H. (Grade 6) leads Ms. Bierley's 1<sup>st</sup> grade class; and Payton R. (Grade 6) leads Ms. Clary's 1<sup>st</sup> grade class.



We are at about the half-way point of schoolwide implementation of the new digital *Second Step* social and emotional learning program. Students spent the first month of the year learning about goal setting and growth mindsets (see the October news magazine for highlights). This was followed by emotion management for grades kindergarten - 5 and bullying prevention for grades 6 – 8 (see the November newsmagazine for highlights). After winter break, most homerooms will move into the third unit. For grades K - 5, this is empathy and kindness; for grades 6 - 8, this is thoughts, emotions and decisions.

In general, students in elementary classrooms will learn how to build stronger relationships and resolve conflicts more effectively. For middle school classrooms, students will learn to notice their emotions, where they happen in the body and what triggers them. They will also learn about and practice stress and emotion management techniques like positive self-talk, slow breathing, and progressive body relaxation. *Second Step*, like anything, is most effective when students have an opportunity to practice the skills outside of the classroom. The home connection is a great way to transfer the learning. What follows are suggestions for how to do that.

**Second Step Home Links for Kindergarten - Grade 5**

Check the end of the news magazine for a more detailed overview of the current *Second Step* unit, based on your child's grade level, including strategies you can use to reinforce the skills at home.

**Second Step Home Links for Middle School (Grades 6 - 8)**

Scroll down to the grade level of your child for a more detailed overview of the current *Second Step* unit, including strategies you can use to reinforce the skills at home.

## **Second Step Home Link Grade 6**

### **What Emotions Tell You**

Your child will learn how to recognize the kind of information their emotions can give them in different situations and how that information can be useful.

#### **Questions**

Ask your child what type of emotions they felt today. Tell them the emotions you felt. What information did they get from those emotions? What did your emotions tell you?

### **Emotions and Your Brain**

Your child will learn how different parts of their brain plays a part in managing their strong emotions.

#### **Question**

Ask your child to teach you about some of the different parts of the brain and how they manage emotions. Look up a picture or video of the brain and learn some more.

### **How Emotions Affect Your Decisions**

Your child will analyze how strong emotions can influence their decision-making abilities, as well as how those decisions can affect their relationships.

#### **Questions**

Ask your child what sorts of things trigger strong emotions in them. Ask them how you can show support when those things happen.

### **Managing Your Emotions**

Your child will learn and practice several emotion-management strategies to help them make good decisions when they're feeling a strong emotion.

#### **Question**

Ask your child what strategy they like to use when they realize they need to manage their emotions. Share a strategy you like to use and see if it's also helpful for them.

### **What Works Best for You?**

Your child will practice choosing an emotion-management strategy that works best for them in a given setting. They'll look at several different settings and pick a strategy they think will work for them.

#### **Question**

Discuss different scenarios that might happen at home or school where your child might need to use an emotion-management strategy. Talk through the scenarios and ask your child to share their thinking and reasoning with you.

## **Second Step Home Link Grade 7**

### **Emotions Matter**

Your child will learn how their brain handles strong emotions and brainstorm positive and negative decisions they might make when they feel a strong emotion.

#### **Question**

Ask your child about a negative decision they recently made because they were feeling a strong emotion. Help them think about how they can turn that negative decision into a positive one if they feel that emotion again.

### **Feel, Think, Do**

Your child will distinguish thoughts from emotions. They will also analyze how emotions affect their thoughts, and how their thoughts can influence the decisions they make.

#### **Question**

Ask your child to explain the difference between an emotion and a thought. Take turns expressing sentiments aloud and having the other person identify if the sentiments are thoughts or emotions. (For example, Emotion: "I'm so mad at the coach for not putting me in the game." Thought: "That's it—I quit!")

### **Unhelpful Thoughts**

Your child will distinguish between helpful thoughts, which are thoughts that can help them make good decisions, and unhelpful thoughts, which are thoughts that can lead to negative decisions.

#### **Question**

Tell your child about a helpful thought you recently had and the decision you made because of it. Ask them to share a helpful thought they had as well. If they can't think of anything, point out something positive they did recently and help them identify the thought that went along with it.

### **Reframe the Situation**

Your child will learn ways to reframe a situation by turning unhelpful thoughts into helpful thoughts.

#### **Question**

Ask your child to explain the difference between helpful and unhelpful thoughts. Tell your child about an unhelpful thought you had today and how you were able to change it to a helpful thought. Ask your child if they had an unhelpful thought and how you can support them in changing it to a helpful thought.

### **Practicing Positive Self-Talk**

Your child will practice a strategy called positive self-talk to help them reframe challenging situations.

#### **Question**

Ask your child to explain what "negativity bias" is. Share with each other one or more good things that happened today.

### **Making Better Decisions**

Your child will share strategies for how to interrupt unhelpful thoughts and manage strong emotions with their peers by creating a comic strip.

#### **Question**

Ask to see your child's comic strip. If they don't have the comic strip, ask them to explain it to you.

## **Second Step Home Link Grade 8**

### **Understanding Stress and Anxiety**

Your child will examine how they feel, what thoughts they have, and how their body responds when they're stressed.

#### **Question**

Ask your child what they do or feel when they're stressed. These signs will help you notice when your child is stressed, so you can ask them how to help or support them.

### Where Does Stress Come From?

Your child will learn where stress comes from, identify stressors in their life, and examine which stressors they can control.

#### Question

Ask your child if they have any stressors they can't control. Discuss what they do have control over.

### Can Stress Help You Grow?

Your child will learn to reframe stressful situations as opportunities for growth.

#### Question

Tell your child about a stressful situation you were recently in and how you were able to use that stress to improve yourself or the situation. Ask your child if they have any stressors in their life that they need help with.

### Strategies for Managing Stress

Your child will learn some strategies for managing stress. These strategies include: slow breathing, reframing challenging situations, positive self-talk, and progressive muscle relaxation.

#### Question

Ask your child what makes them feel stressed and how they cope with that stress. Share your own stressors and helpful ways you manage stress.

### Changing Strategies and Getting Help

Your child will analyze stressful situations and decide if they need to change their strategy or get outside help to manage their stress.

#### Question

Tell your child about a time you needed help managing stress.

## PTO NEWS

### MESSAGE FROM THE PTO

We hope that you had a wonderful time with family and friends during winter break and look forward to continuing an educational and successful school year! With your participation in the PTO, we can accomplish more together! Volunteers are always welcome for any or all school events!

### TRANSLATION AT PTO MEETINGS

Participants will no longer need to request translation at PTO meetings. Spanish language translation will be available at meetings regardless of request. Please join us!

### HARRIS TEETER

Attach your Harris Teeter VIC card to HHA via the store's Together in Education Program. When you shop Harris Teeter brands, a percentage of your purchase is donated to the school that your VIC card is linked to. There are no limits to how much a school can earn, and in past years HHA has earned thousands to support school initiatives. However, families must register to earn funds. The school code to register at your Harris Teeter customer service is (2488). You can sign up online at [harristeeter.com/together-in-education](http://harristeeter.com/together-in-education). Questions? Email [HHAPTO@gmail.com](mailto:HHAPTO@gmail.com)

### PTO FINANCIAL INFORMATION - DECEMBER, 2022

Revenue	
BeeFit	\$3,233.68
<b>Total Revenue</b>	<b>\$3,233.68</b>

Account Balance	
Starting	\$76,915.50
Ending	\$68,125.01

Expenses	
PTO Storage	\$63.00
PTO Happy Hour	\$193.70
Middle School Dance Meal	\$200.00
Attendance Pizza Party	\$147.00
Teacher Holiday Gift	\$1,091.77
Bee Fit Expenses	\$680.00
School Breakfast	\$948.70
School Wishlist	\$8,700.00
<b>Total Expenses</b>	<b>\$12,024.17</b>

### UPCOMING PTO EVENTS

Be on the lookout for information about the school spirit store. There will be more information coming to you in the following weeks.

Thank you to the PTO for the delicious staff breakfast!

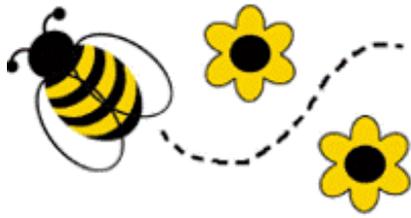


## FAMILY FUN IN THE NEIGHBORHOOD

- Southeast Anchor Library - located at 3601 Eastern Avenue; 410-396-1580, [www.prattlibrary.org/locations/southeast/](http://www.prattlibrary.org/locations/southeast/)
- Friends of Patterson Park – located at 27 S. Patterson Park Avenue; 410-276-3676, [pattersonpark.com/](http://pattersonpark.com/)
- Creative Alliance at the Patterson – located at 3134 Eastern Avenue, 410-276-1651, [creativealliance.org](http://creativealliance.org)
- Patterson Park Audubon Center – located at 2901 E. Baltimore Street, 410-558-2473, [pattersonpark.audubon.org/](http://pattersonpark.audubon.org/)
- **Please check the back of the news magazine for additional event information!**



At the International Breakfast held at HHA, Mr. Lee explained Kwanzaa principles, and Mr. Farber shared Hanukkah traditions



# Thank You!

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## A Special Thank You to Our Volunteers...

Our PTO Officers: Vic Victoriano, Danielle Kelly, Jonathan Rothstein, Lillian Prado, Ms. Douglas, Cait Drake, Jill Vasbinder Morrison, Kate Porter, Katie Stewart, Yan Zhao-Hylkema

All of our parents who volunteered for field trips! Thank you also to:

Ms. Anya Cappolla

Mr. Joe DiSeta

Ms. Vennela Avula

Ms. Alex Chambers

Mr. Micah Webster

Kahealarin Chai

Mr. Joe Manfre

Mr. Aaron Kakazu

Ms. Samantha LaBelle

Kavya Velliangiri

Ms. Amanda Cavanaugh

Ms. Adrienne Ekas

Ms. Jil Krause

Ms. Cheryl Firell

Mr. Sean Behre

Ms. Tricia Shellenbach

Ms. Valorie Lightner

Ms. Sara Berman

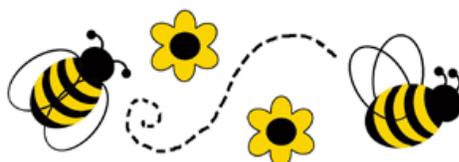
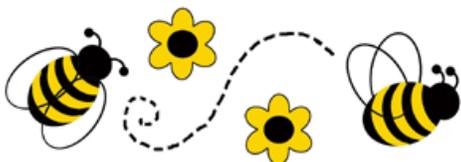
Mr. Braxton Andrews

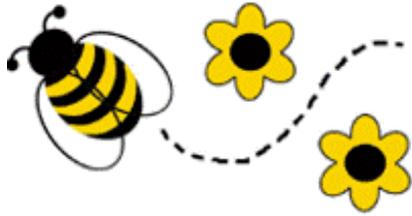
Ms. Kaitlin Lovett

Ms. Laura Moussa

Please remember to sign in when you volunteer so we can acknowledge you on this page.

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# Thank You!

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## A Special Thank You to...

Jill Vasbinder Morrison, Charles Eddington, Katherine Stewart, Yan Zhao-Hylkema, Lillian Prado and Teresa Zamora for their help in distributing Teacher Wish List items. Not pictured but also helped were Tricia Shellenbach and Sean Morrison.



## What Is My Child Learning?

### Unit Themes

Your child is learning about the power of kindness to help people feel good. Kindergartners learn examples of kind acts and talk about why being kind to others is important. Toward the end of the unit, they practice two kind acts: offering to share and offering a hug.

### Why is it important?

Research shows that children who learn the skills in this unit are more likely to:

- **Display greater empathy**
- **Engage in positive behaviors**
- **Avoid aggressive behaviors**



## Practice at Home

### What to Look For

**Notice and praise your child when** they show kindness or do kind acts for others. For example, when they help someone, share a toy, or offer a hug. You can say, **I noticed you were kind and shared your toys. That's a great way to help your sister feel good!**

### Try This!

**Discuss:** A few times a week, ask your child, **What was a kind act you did today?** or **What were some kind acts that others did for you?**

**Practice:** After your child has practiced offering to share at school, help them practice offering to share when playing with siblings or friends. Remind them that asking “Would you like to share?” is a kind act that helps everyone have fun together.

**Practice:** After your child has practiced offering a hug at school, practice at home during pretend play. Choose a stuffed animal or a doll and pretend it's feeling sad. Encourage your child to ask, “Would you like a hug?” to help the toy feel better.

### What Is My Child Learning?

#### Unit Themes

Your child is learning about the power of kindness to let others know we care about them. First graders talk about ways they can be kind to people at school and elsewhere, including asking “Are you okay?” and “Would you like some company?” when they notice someone is upset. Later in the unit they practice offering to help and inviting someone to join them in play.

#### Why is it important?

Research shows that children who learn the skills in this unit are more likely to:

- Display greater empathy
- Engage in positive behaviors
- Avoid aggressive behaviors



### Practice at Home

#### What to Look For

**Notice and praise your child when** they show kindness or do a kind act for others. For example, when they offer to help someone, ask a family member “Are you okay?”, or invite a friend to play with them. You can say, **I noticed you did a kind act when you offered to help me clean up. That’s a great way to show you care!**

#### Try This!

**Discuss:** A few times a week, ask your child, **What was a kind act you did today?** or **What were some kind acts that others did for you?**

**Practice:** After your child has practiced offering to help at school, have them practice with people they know. Remind them that asking “Do you want help?” is a way to show others we care about them.

**Practice:** After your child has practiced inviting someone to join them when they’re at school, help them practice with friends or siblings. Remind them that asking “Do you want to play with me?” is a kind act that helps everyone have fun together.

## What Is My Child Learning?

### Unit Themes

Your child is learning what empathy is, how it is connected to kindness, and ways your child can show empathy and kindness to others. Second graders learn that having empathy means feeling or understanding what someone else is feeling. Toward the end of the unit, they practice using empathy to think of kind acts they can do for others at school or elsewhere.

### Why is it important?

Research shows that children who learn the skills in this unit are more likely to:

- ▲ **Build stronger relationships**
- ▲ **Engage in positive behaviors**
- ▲ **Avoid aggressive behaviors**
- ▲ **Be more connected and compassionate**



## Practice at Home

### What to Look For

**Notice and praise your child when** they notice how others are feeling and respond with kindness and empathy. You can say, **You saw that your brother was sad because he didn't have any crayons, so you gave him some of yours. Good job having empathy and doing a kind act to help him feel better!**

### Try This!

**Discuss:** When reading books or watching a show, help your child practice having empathy for the characters. Ask, **How do you think that person feels?** or **What's a kind act that would help them feel good?**

**Practice:** After your child has practiced using empathy to think of a kind act to do for others at school, have them think of a kind act they can do for someone they know. For example, an elderly relative, a neighbor who lives alone, or a friend who isn't feeling well.

**What Is My Child Learning?**

**Unit Themes**

Your child is learning how empathy and kindness can help them strengthen friendships as well as make new friends. Third graders learn the meaning of empathy—feeling or understanding what someone else is feeling—and how it can help them be kind in ways their friends will appreciate. They practice empathy in action by asking questions to learn more about what someone might want or need and then following up with an act of kindness.



**Why is it important?**

Research shows that children who learn the skills in this unit are more likely to:

- ▲ **Build stronger relationships**
- ▲ **Resolve conflicts more effectively**
- ▲ **Exhibit positive behaviors**
- ▲ **Develop increased empathy**



**Practice at Home**

**What to Look For**

**Notice and praise your child when** they talk about how other people might be feeling. For example, your child might say, “Marco broke his ankle. During recess, he seemed sad that he couldn’t run around with us.” You can say, **It’s nice to hear you’re thinking about your friend’s feelings.**

**Try This!**

**Discuss:** Talk about kind things that friends can do for each other. Take turns naming something kind that you did for a friend to show you care about them, and then talk about a time a friend did something nice for you.

**Practice:** Look for opportunities for your child to show kindness. If you hear your child mention a friend who’s going through a hard time, encourage them to think of something they could do to show they care. For example, your child could make a get-well card for a friend who stayed home sick. Likewise, if a friend has something to celebrate, your child could tell them, “I’m so happy for you!”

### What Is My Child Learning?

#### Unit Themes

Your child is learning how to better understand a point of view different from their own. Point of view is how someone thinks or feels about something. In this unit, fourth graders practice asking questions to understand the reasons behind someone's point of view. For example, if one person loves being around dogs and another doesn't, they might ask each other, "What is your experience with dogs? Why do you feel that way?" When children try to understand other points of view, it helps them work, play, and get along with others.

#### Why is it important?

Research shows that children who learn the skills in this unit are more likely to:

- **Build stronger relationships**
- **Resolve conflicts more effectively**
- **Exhibit positive behaviors**
- **Develop increased empathy**



### Practice at Home

#### What to Look For

**Notice and praise your child when** you see them trying to learn more about a point of view that's different from their own. You may hear your child ask questions such as "Why do you think that?" or "What's your experience?" to better understand someone's way of thinking. You can say something like, **I heard you ask your sister why she doesn't like watching scary movies the way you do. Good job trying to understand her point of view.**

#### Try This!

**Discuss:** Describe how your experiences have affected a point of view. For example, **I'm always amazed at people who are comfortable in loud, crowded places. But my experience is living in a small, quiet town. I'm not used to crowds.**

**Practice:** Help your child practice learning about another point of view. Take turns answering questions such as these. Give reasons for your thinking.

- If you could invite anyone in the world to have dinner with you, who would you invite?
- Would you rather go to space or to the bottom of the ocean?
- If you could make one rule that everyone in the world had to follow, what rule would you make?

### What Is My Child Learning?

#### Unit Themes

Your child is learning how to use empathy to help make their school community a better place. For example, they might make a plan to keep the school grounds clean or to help younger students safely use playground equipment. Fifth graders practice using empathy—feeling or understanding what someone else is feeling—as a way to identify potential problems and propose solutions that could work for everyone.

#### Why is it important?

Research shows that children who learn the skills in this unit are more likely to:

- **Build stronger relationships**
- **Resolve conflicts more effectively**
- **Exhibit positive behaviors**
- **Be more connected and compassionate**
- **Develop increased empathy**



### Practice at Home

#### What to Look For

**Notice and praise your child when** they describe a problem from someone else’s point of view. For example, your fifth grader might say, “There’s a new student in our class. I noticed she didn’t have anyone to play with at recess. I kind of felt bad for her.” You can say, **I can tell you’re really thinking about her point of view. It’s nice to hear that you’re trying to understand how she feels.**

#### Try This!

**Discuss:** Ask your child, **If you could change anything about your school, what would it be and why?** Take turns talking about how different groups of people—such as teachers, younger students, older students, and parents—might be affected by the change.

**Practice:** When you’re in a place such as a grocery store, community center, or park, ask your child to notice the different groups of people using the space. For example, you may see older people and young children, workers as well as first-time visitors. Help your child think about what those groups might be experiencing. For example, **We’re seeing some older people in the store. Can they easily do what they need to do? Are they safe? Can they enjoy themselves?**

Join Us

PTO

HAPPY

HOUR

JANUARY 20TH @ 6PM

900 S Kenwood Ave  
Baltimore, MD 21224



Upstairs!

*Appetizers Offered  
Courtesy of the PTO*

*\*Cash Bar\**



*Follow Us  
for Updates!*

<https://www.facebook.com/HHAPTO>

**Want to Volunteer?**

Email [hhapto@gmail.com](mailto:hhapto@gmail.com)

Join us at our next PTO Meeting!



\*THIS IS AN ADULTS ONLY EVENT

Únete a  
Nosotras

PTO

HORA

FELIZ

ENERO 20TH @ 6PM

900 S Kenwood Ave  
Baltimore, MD 21224



¡Piso de  
arriba!

*Aperitivos Ofrecidos  
Cortesía del PTO*  
\*barra de efectivo\*



*Síguenos Para  
Actualizaciones!*

<https://www.facebook.com/HHAPTO>

**¿Quieres ser Voluntario?**  
Correo electrónico [hhapto@gmail.com](mailto:hhapto@gmail.com)  
¡Únase a nosotros en nuestra próxima  
reunión de PTO!

\*ESTE ES UN EVENTO SOLO PARA ADULTOS



BE AN ADVOCATE  
FOR EDUCATION!  
JOIN HHA'S TEAM &  
SPREAD THE WORD!



— Next Meeting —

TUESDAY  
**JANUARY 10 • 3PM**

MRS. KOSMER'S ROOM, #315

Zoom link available upon request.

ALL ARE WELCOME!

To join the Strong Schools Maryland Team at Hampstead Hill contact our team leader, Jill Vasbinder Morrison, at [jillvasbinder@gmail.com](mailto:jillvasbinder@gmail.com).

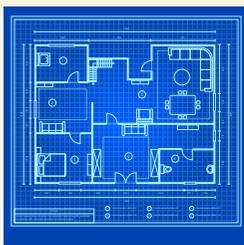
Blueprint  
Day in  
Annapolis  
February  
12 & 13

**Blueprint Day is February 12 & 13!**

Mark your calendar and join us to advocate in Annapolis during the 2023 Maryland General Assembly. Scan the code to sign up! ▶



## WHAT IS THE BLUEPRINT FOR MARYLAND?



### The Blueprint for Maryland's Future

is a law (based on the Kirwan Commission) that outlines the building of a world-class system of public education for all students in Maryland.



### Strong Schools Maryland

is a group that fights for strong public schools that produce graduates ready to thrive.

More at [StrongSchoolsMaryland.org](https://StrongSchoolsMaryland.org)



## **BIRDING**

**JANUARY 21 AND 28**

**Join us in Druid Hill Park & Patterson Park**

Audubon experts lead us in search of avian friends every month in these two city parks. Experience Birding in Baltimore City! No experience is necessary – perfect for beginners and experts alike. Registration is required and Audubon’s COVID-19 rules must be followed by all participants.

Visit [patterson.audubon.org/events](https://patterson.audubon.org/events)

for info & to register.



**Audubon**

Patterson Park  
Audubon Center

### **Patterson Park Audubon Center Birding Events**

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#### **Druid Hill Park**

Meet at 3001 East  
Dr.

**Saturday, JAN 21**

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#### **Patterson Park**

Meet at the fountain

**Saturday, JAN 28**

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**8:00 – 9:30 AM**

**FREE!**

Registration  
required!

All ages & experience  
levels welcome.

### **FOLLOW US + TAG US**

[www.facebook.com/  
PattersonParkAudubonCenter](https://www.facebook.com/PattersonParkAudubonCenter)

[@audubon\\_pattersonpark](https://twitter.com/audubon_pattersonpark)

[patterson.audubon.org](https://patterson.audubon.org)

410-276-1651 | 3134 EASTERN AVE

# KERPLUNK!

SATURDAY FAMILY DROP-IN ART CLASS



**SATURDAYS | ALL AGES**  
**JAN 14-APR 8 | NOON-3PM**  
**CREATIVITY CENTER | FREE**

Kerplunk! Family Art Drop-in class is great for younger kids and families! Come join us in the Creative Alliance Creativity Center to create art projects based on current exhibitions and fun craft projects too.

**\*SPECIAL EVENTS\***

APR 8 Kite Fest in Patterson Park

**CREATIVE  
ALLIANCE**

410-276-1651 | 3134 EASTERN AVE

# KERPLUNK!

CLASE DE ARTE FAMILIAR DEL SÁBADO



SÁBADOS | TODAS LAS EDADES  
ENE 1-ABR 17 | MEDIODÍA-3PM  
CREATIVITY CENTER | GRATIS

¡Kerplunk! Clase de arte familiar que no necesita cita, ¡Una fantástica oportunidad para niños y sus familias! Únete con nosotros en el Creativity Center de Creative Alliance para elaborar proyectos de arte basados en las exhibiciones actuales y proyectos divertidos de artesanías también.

**\*Eventos Especiales\***

APR 8 Kite Fest en Patterson Park

CREATIVE  
ALLIANCE



ENOCH PRATT *free* LIBRARY

your journey starts here

*free* TO BMORE  
#atthep Pratt

# Monday Fun at Canton



## **Playdate at the Library**

Mondays, 11:00 a.m.

Babies and toddlers are invited to join us for enriching playtime.

## **Drop-In Building Blocks**

Mondays, 4:00 p.m.

Come and create using LEGO® bricks, blocks, and other fun stackables.

### **Canton Branch**

1030 S. Ellwood Ave.

The free educational and cultural programs at Pratt libraries are made possible by the generous support of donors to the Enoch Pratt Free Library.

[prattlibrary.org](http://prattlibrary.org)



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# Storytimes at Canton



## **Baby & Toddler Storytime**

Fridays, 10:30 a.m. & 11:30 a.m.

Stories, movement, play, and songs for babies and toddlers. For little ones under two with a favorite adult. All abilities welcome.

*This program will be held at the Church on the Square, located behind the library on 1025 S. Potomac St.*

## **Music & Movement Storytime**

Tuesdays, 4:00 p.m.

Shimmy, shake, wiggle, and giggle as we share music- and movement-themed books, interactive songs, and fun activities to get kids (and adults) up and moving! For families with children ages 0 – 5.

## **Canton Branch**

1030 S. Ellwood Ave.

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[prattlibrary.org](http://prattlibrary.org)



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#atthepratt

# Canton Crafternoon



Join Miss Lisa for an afternoon of arts and crafts. All ages welcome!

Thursdays, 4:30 p.m.

The free educational and cultural programs at Pratt libraries are made possible by the generous support of donors to the Enoch Pratt Free Library.

**Canton Branch**

1030 S. Ellwood Ave.

[prattlibrary.org](http://prattlibrary.org)

# Enoch Pratt Free Library

Canton Branch  
1030 S. Ellwood Ave

## January 2023 Children's Programs

### Storytimes

**Music & Movement Storytime:** Tuesdays, 4 pm

**Baby & Toddler Storytime:** Fridays, 10:30 & 11:30 am, at Church on the Square

### Weekly Programs

#### **Playdate @ the Library**

Mondays, 11:00 am – 12 noon

Ages 0-3

Babies and toddlers are invited to join us for enriching play time at the library.

#### **Drop-In Building Blocks**

Mondays, 4:00 – 5:30 pm

All ages

Come and create using LEGO® bricks, blocks, and other fun stackables.

#### **Crafternoon**

Thursdays, 4:30 – 5:30 pm

All ages

Join Miss Lisa for an afternoon of crafts and open art play.

### Special Event

#### **Drag Queen Story Hour**

Saturday, January 14, 4 pm

At Church on the Square (1025 S. Potomac)

All ages

Listen to stories about having pride in being yourself!



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# January Programs



## PROGRAMS

### **Tuesday Newsday**

*Tuesdays, January 3, 10, 17, 24 & 31, 3:30pm*

Kids show off their knowledge of current events with our weekly news quiz. Try the quiz, and get a treat!

### **Take & Make: Warm and Fuzzy Drinks**

*Wednesday, January 11*

Prepare for the brisk cold winter by learning how to make some drinks to keep you toasty.

### **Celebrate National Sticker Day**

*Friday, January 13, 3:30pm*

Express your creativity by designing your own stickers in honor of National Sticker Day.

### **Make a Colorful Hanging Fish**

*Tuesday, January 17, 3:30pm*

We will use recycled egg cartons to make a fish.

### **Inspire Your Heart with Art: Music Share and Creation**

*Tuesday, January 31, 3:30pm*

Come to the library and share a song you enjoy and use materials to express how it makes you feel while listening.

## WEEKLY STORYTIMES

### **Baby & Toddler Storytime**

*Tuesdays at 12:00 pm*

An interactive storytime program with music and movement.

### **Family Storytime**

*Fridays at 11:00 am*

An interactive storytime program with music and movement.

## **Southeast Anchor Library**

3601 Eastern Avenue

Monday - Thursday: **10:00 - 8:00**

Friday & Saturday: **10:00 - 5:00**

The free educational and cultural programs at Pratt libraries are made possible by the generous support of donors to the Enoch Pratt Free Library.

[prattlibrary.org](http://prattlibrary.org)



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# Enero Programas



## LECTURA DE CUENTOS

### SEMANAL

#### Cuentos para bebés y niños pequeños

*Martes a las 12:00 pm*

Un programa de narrativa interactiva con música y movimiento.

#### Cuentos familiares

*Viernes a las 11:00 am*

Un programa de narrativa interactiva con música y movimiento.

## PROGRAMAS

### Martes de noticias

*Martes, 3, 10, 17, 24 y 31 de enero, 3:30pm*

Los niños demuestran su conocimiento sobre eventos actuales con nuestro cuestionario de noticias semana. ¡Prueba el cuestionario y recibe un dulce!

### Construye en casa: Bebidas calientes y refrescantes

*Miércoles, 11 de enero*

Prepárate para el frío invierno aprendiendo cómo hacer bebidas para mantenerte caliente.

### Celebra el Día Nacional de la Pegatina

*Viernes, 13 de enero, 3:30pm*

Expresa tu creatividad diseñando tus propias pegatinas en honor del Día Nacional de la Pegatina.

### Haz un colorido pez colgante

*Martes, 17 de enero, 3:30pm*

Utilizaremos cartones de huevo reciclados para hacer un pescado.

### Inspira tu corazón con arte: Creación y compartir musical

*Martes, 31 de enero, 3:30pm*

Ven a la biblioteca y comparte una canción que disfrutes y utiliza los materiales para expresar cómo te hace sentir mientras la escuchas.

## Southeast Anchor Library

3601 Eastern Avenue

Lunes - Jueves: **10:00-8:00**

Viernes & Sabado: **10:00-5:00**

The free educational and cultural programs at Pratt libraries are made possible by the generous support of donors to the Enoch Pratt Free Library.

[prattlibrary.org](http://prattlibrary.org)

 **VARIOUS LOCATIONS IN YOUR COMMUNITY!**

# HEAD START

**Early Childhood Education Programs  
NOW ENROLLING!**



**Tuition Free, high-quality care**



**Clean and safe environment with credentialed teachers and in-person learning**



**Low student to instructor ratio**



**Breakfast, lunch and snacks daily**



**Samsung Galaxy Tablet (Lending Library)**



**Family job search assistance**



**Family tuition support for continued education**



AGES 6 WEEKS TO 2 YEARS

## Early Head Start

3 LOCATIONS

AGES 3-4 YEARS

## Head Start

6 LOCATIONS

# Visit

[headstartbaltimore.org](http://headstartbaltimore.org)  
NOW to register!



 ¡VARIAS UBICACIONES EN SU COMUNIDAD!

# PROGRAMA HEAD START

Programas educativos de temprana edad

¡ACEPTANDO INSCRIPCIONES DESDE AHORA!



Servicios de aprendizaje gratuito a niños con atención de alta calidad



Entorno limpio y seguro con acreditadas profesores y aprendizaje presencial



Pocos estudiantes por cada instructor



Desayuno, almuerzo y refacciones todos los días



Tableta Samsung Galaxy (Prestada por la Biblioteca)



Asistencia a la familia para la búsqueda de un empleo



Apoyo a la familia de la matrícula para la educación continua



EDADES DESDE LAS 6 SEMANAS  
HASTA LOS 2 AÑOS PROGRAM

## Early Head Start

3 UBICACIONES

3-4 AÑOS

## Head Start

6 UBICACIONES



## ¡Visite

[headstartbaltimore.org](http://headstartbaltimore.org)

AHORA para registrarse!

# Own Your Home!

Sign up for a free Homebuyer Workshop

Monthly Zoom Workshop held over two  
nights:  
Tuesdays & Thursdays  
5:00-8:00 PM

January 17 & 19  
February 21 & 23  
March 21 & 23



Learn everything you need to know to get a loan, pay for renovations, and qualify for down payment and closing cost assistance programs in Baltimore City.

This is the first step to receive your home buyer certificate.



**SOUTHEAST**  
community development corporation

Register online at [www.southeastcdc.org](http://www.southeastcdc.org) or call 410-342-3234



# ¡Sea dueño de su hogar!

## Regístrese para talleres para compradores de vivienda

Aprenda todo lo que necesita saber para obtener un préstamo, pagar para renovaciones y calificar para los programas de asistencia para el pago inicial y los costos de cierre en la ciudad de Baltimore.

**Este es el primer paso para recibir su certificado de comprador de vivienda.**

Workshop de Zoom realizado durante por dos noches: Martes y Jueves

3 y 5 de enero de 5PM - 8PM

7 y 9 de febrero 5PM - 8PM

7 y 9 de marzo 5PM - 8PM

**La registración es gratis**



**SOUTHEAST**  
community development corporation

Regístrese en línea en [www.southeastcdc.org](http://www.southeastcdc.org) o llame al 410-342-3234



# K - 12 Breakfast Menu

## January 2023

Monday		Tuesday		Wednesday		Thursday		Friday	
2	<b>Schools Closed</b>	3	Assorted Cold Cereal Nutrigrain Bar Peachy Applesauce Cup 100% Fruit Juice Milk	4	Breakfast Pizza Assorted Cold Cereal Nutrigrain Bar Ginger Gold Apple Fresh Orange Milk	5	Turkey Sausage & Egg Breakfast Sandwich Assorted Cold Cereal Nutrigrain Bar Ginger Gold Apple Fresh Orange Milk Nutrigrain Bar	6	Apple Cinnamon Texas Toast Assorted Cold Cereal Nutrigrain Bar Assorted Fresh Fruit Milk
9	Peach & Raspberry Yogurt Crunchy Granola Clusters Peachy Applesauce Cup Graham Crackers 100% Fruit Juice Milk	10	Pancake Turkey Sausage Patty Syrup Assorted Cold Cereal Graham Crackers Fresh Orange Ginger Gold Apple Milk	11	Breakfast Pizza Assorted Cold Cereal Nutrigrain Bar Ginger Gold Apple Banana Milk	12	Strawberry Cream Cheese Mini Bagel Assorted Cold Cereal Nutrigrain Bar Banana Fresh Orange Milk Ginger Gold Apple	13	Oatmeal Breakfast Bun Assorted Cold Cereal Graham Crackers Assorted Fresh Fruit Milk
16	<b>Schools Closed</b>	17	French Toast Sticks Syrup Assorted Cold Cereal Nutrigrain Bar Fresh Orange Ginger Gold Apple Milk	18	Breakfast Pizza Assorted Cold Cereal Nutrigrain Bar Ginger Gold Apple Banana Milk	19	Turkey Sausage & Egg Breakfast Sandwich Assorted Cold Cereal Nutrigrain Bar Banana Fresh Orange Milk	20	Cocoa Crustable Sandwich Assorted Cold Cereal Nutrigrain Bar Assorted Fresh Fruit Milk
23	<b>Schools Closed</b>	24	Strawberry Cream Cheese Mini Bagel Assorted Cold Cereal Nutrigrain Bar Fresh Orange Ginger Gold Apple Milk	25	Breakfast Pizza Assorted Cold Cereal Nutrigrain Bar Ginger Gold Apple Banana Milk	26	Pancake Turkey Sausage Patty Syrup Assorted Cold Cereal Graham Crackers Black Plum Ginger Gold Apple Milk	27	Apple Cinnamon Texas Toast Assorted Cold Cereal Nutrigrain Bar Assorted Fresh Fruit Milk
30	Peach & Raspberry Yogurt Graham Crackers Nutrigrain Bar Peachy Applesauce Cup 100% Fruit Juice Milk	31	Strawberry Cream Cheese Mini Bagel Assorted Cold Cereal Nutrigrain Bar Fresh Orange Ginger Gold Apple Milk	<p><b>Students must select at least 3 food items.</b></p> <p><b>One item must be a serving of fruit or vegetable.</b></p>					

**Options Available Daily  
at Breakfast:**

**Cold Cereal Options-**

- Apple Cinnamon
- Cheerios, Multi-Grain
- Cheerios, Original
- Cheerios, Cinnamon
- Toast Crunch, Golden
- Grahams, Honey Kix

1% White Milk & Fat Free  
White Milk

[\(View Nutritional  
Information\)](#)

Menu subject to change



# ELEMENTARY/MIDDLE LUNCH MENU

## January 2023



BALTIMORE CITY  
PUBLIC SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>Winter Break</b> <b>Schools Closed</b>	3 Cheese Personal Pan Pizza Turkey Pepperoni Personal Pan Pizza  Green Beans Corn Assorted Fresh Fruit Assorted Milk	4 Swedish Meatballs Brown Rice Tuna Salad Sandwich Steamed Carrots Side Salad Assorted Fresh Fruit Assorted Milk	5 Breaded Drumstick Macaroni and Cheese Deli Sandwich Broccoli Side Salad Assorted Fresh Fruit Assorted Milk	6 Chicken Cheese Steak Sub  Oven Fries Side Salad Assorted Fresh Fruit Assorted Milk
9 Cheese Steak Sub  Vegetarian Beans Side Salad Assorted Fresh Fruit Assorted Milk	10 Teriyaki Chicken Brown Rice Veggie Spring Roll  Steamed Carrots Side Salad Assorted Fresh Fruit Assorted Milk	11 Breaded Mozzarella Sticks Marinara Sauce Cup Deli Sandwich Emoji Fries Side Salad Assorted Fresh Fruit Assorted Milk	12 Spiral Rotini w/Italian Meat Sauce  Broccoli Side Salad Assorted Fresh Fruit Assorted Milk	13 Cheese pizza Wedge Side Salad Turkey Pepperoni Pizza Wedge  Carrot Sticks Side Salad Assorted Milk Assorted Fresh Fruit
16 <b>Martin Luther King Day</b> <b>Schools Closed</b>	17 Steak Burger Boom Boom Sauce  Oven Fries Side Salad Assorted Fresh Fruit Assorted Milk	18 Beef Nachos Salsa Cup Sour Cream Deli Sandwich Corn Side Salad Assorted Fresh Fruit Assorted Milk	19 Sweet Chili Turkey Meatballs Fried Rice Green Beans Side Salad Assorted Fresh Fruit Assorted Milk	20 Cheese pizza Wedge Turkey Pepperoni Pizza Wedge  Carrot Sticks Side Salad Assorted Fresh Fruit Assorted Milk
23 <b>PD DAY</b> <b>Schools Closed</b>	24 Breaded Chicken Fillet Sandwich Spicy Chicken Patty Sandwich  Vegetarian Beans Side Salad Assorted Fresh Fruit Assorted Milk	25 Chicken Broccoli Cavatappi  Broccoli Side Salad Assorted Fresh Fruit Assorted Milk Tuna Salad Sandwich	26 Sloppy Joe on Hamburger on Bun Deli Sandwich Oven Fries Side Salad Assorted Fresh Fruit Assorted Milk	27 Turkey Pepperoni Personal Pan Pizza Cheese Personal Pan Pizza  Carrot Sticks Side Salad Assorted Fresh Fruit Assorted Milk
30 Fish Fillet Sandwich Tartar Sauce Deli Sandwich Corn Side Salad Assorted Fresh Fruit Assorted Milk	31 Breaded Drumstick Macaroni and Cheese Deli Sandwich Broccoli Side Salad Assorted Fresh Fruit Assorted Milk	Students must select at least three food components from the five food components offered.		

**Daily Available Lunch Options**

**Milk Options:**

1% white milk, fat free white milk and sometimes fat free chocolate milk or strawberry milk

**Seasonal Fresh Fruit**

Apples, Oranges, Plums, Pears, Bananas  
[\(Fruit Nutrition\)](#)  
[\(Condiment Nutrition\)](#)

All rolls, breads, and tortillas are made with whole grain.

Menu is subject change.

